

Supply List for Mark Mehaffey's Workshop

Please have a **sketchbook** or white drawing paper and a 5 or 6b pencil.

We will be working from a photograph you provide to produce a value plan for painting. Please have two or three different choices of **photographs** (photos you have taken are preferred), and we will choose one to use as a reference. Photos should contain subjects you care about. Having lighter shapes against a darker background might help but is not necessary.

Paper: One sheet of **Arches cold pressed watercolor paper** is needed. Either 300 or 140 lb. paper will do. Tear this sheet in half. Cover one half with 2 coats of **Golden Brand Gesso** on both sides of the paper. Then tear it in half so you have two quarter sheets of Gesso covered paper. Save the other half untreated. (Golden brand is the preferred brand; if you have other brands, the finished product might be a bit different.)

Yupo: Have 2 sheets of medium weight Yupo paper (20 x 26). Cut both sheets in half so you have 4 pieces available.

Pigments: We will be using a split primary palette, a warm and a cool of each primary. I use:

- Winsor red or pyrrol red
- Q rose or alizarin crimson
- Gamboge
- Hansa yellow
- Ultramarine Blue
- Thalo Blue

I also have available cobalt blue, indigo and cobalt teal. Please feel free to have any other favorite colors you wish. **IN ADDITION:** 1 tube of both black and white **gouache**.

Brushes: Size 6/8 and/or 10 round; size 1/2, 3/4 and/or 1 inch flats. I use nylon brushes for most of my work because I'm hard on brushes. Please feel free to have any other brushes on hand.

Tools and equipment:

- A piece of graphite paper (preferred) or tracing paper
- masking tape
- exacto knife
- scrubby brushes (I use inexpensive bristle brushes and cut them down to make stiff scrubbers)
- a white water soluble pencil
- two foam rollers (check Home Depot) making sure they are foam and not cloth
- water soluble crayons/pencils
- stencils and stamps of all kinds (I encourage you to make your own "texturing" materials...)
- anything that will leave its mark in wet paint
- water containers
- your palette (I use a separate palette for gouache so I don't sully my transparent watercolor)
- any other supplies you think you might like to have on hand

Work time:

We will be working 3 hours each day. We will start with a brief demonstration and then everyone will have time to work. I may interrupt to provide more visual information. Each day will be different.

Day 1: working from your photo reference and exploring color options

Day 2: also working from your photo reference, we will explore the gessoed surface (possibly use the same plan as day 1 or use a new reference)

Day 3: experimental/abstract work on Yupo